## Friday 16th May 2025: Carding Mill Valley and the Long Mynd

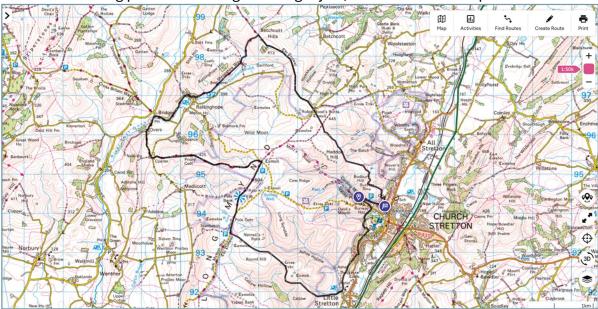
Start: NT Car Park at Carding Mill Valley visitor centre;

Postcode = SY6 6JG, GR = SO 446944

Distance: 24km or 14 miles

Ascent: 780m

**Description:** The Carding Mill Valley was once the centre of the area's textile industry but now a starting point for walking the Long Mynd, a 7 mile moorland plateau.



## Saturday 17th May 2025: Caer Caradoc and The Lawley

Start: Lay-by on road junction at Gaerstone Farm; Grid Ref; SO 468 933

Distance: 13km or 8 miles

Ascent: 780m

**Description:** The route runs along the edge of Caer Caradoc Hill before ascending the hill where an iron age hill fort lies at the summit. Before then there is another ascent of a hill called The Lawley. Both ascents are quite steep but the climb to The Lawley can be optional if you do not fancy it.



## Sunday 18th May 2025: Wenlock Edge

Start: Wilderhope Manor (NT property), Postcode = TF13 6EG, GR = SO 545 929;

Distance: 18.5 km or 11.5 miles

Ascent: 350m

**Description:** Wenlock Edge is a 19 mile long limestone escarpment and is mentioned in

A Shropshire Lad by AE Houseman. (Reading it beforehand is optional).



## Monday 19<sup>th</sup> May 2025: The Stiperstones

Start: Car Park at Bog Visitor Centre, Grid Ref SO 358 979, Postcode = SY5 0NG

Distance: 22km or 13 miles

Ascent: 650m

Description: The Stiperstones is a ridge with several distinctive 'tor like' hills made of

quartzite. The walk will also take us to the Hope Valley and Stapley Hill.

